

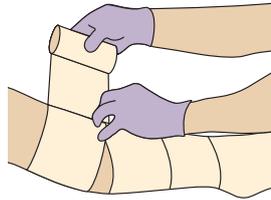


Top tips for applying 3M™ Coban™ 2 Two Layer Compression System

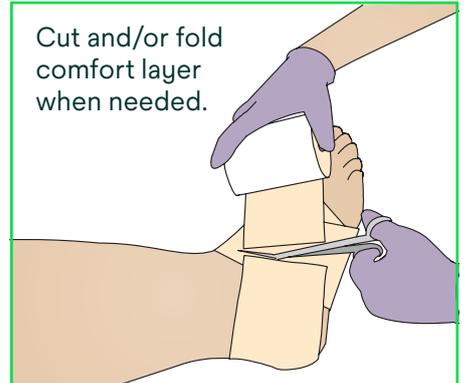
Use minimal cream underneath the comfort layer to maximise mechanical hold, and change gloves after moisturising as cream on gloves can reduce bandage adherence.



Apply comfort layer always starting at fifth metatarsal head and apply slight stretch to assist conformability. Consider using the follow the roll technique to aid limb shaping.



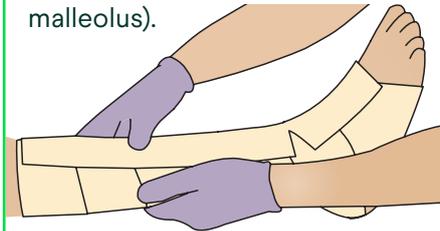
Cut and/or fold comfort layer when needed.



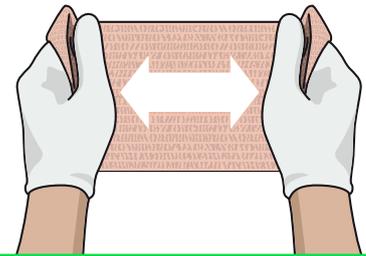
Leaving the heel area exposed from comfort layer ensures a low profile and allows patients to wear their own footwear.



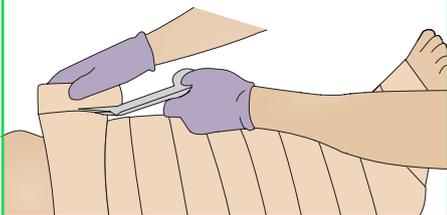
Cut a patch of comfort layer and place on any areas that need extra protection (e.g tibial crest, medial and lateral malleolus).



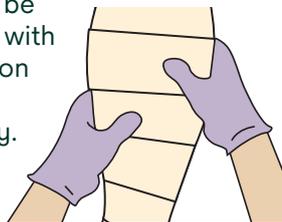
Apply compression layer at 100% stretch and 50% overlap.



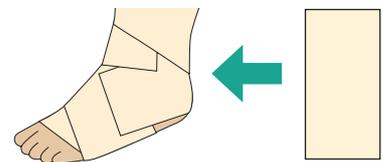
Hold the compression barrel close to the limb, with barrel facing upwards, starting at the 5th metatarsal head.



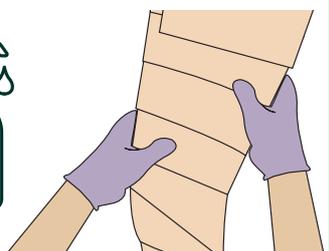
Conform the bandage by using the warmth from your hands and light pressure – two layers turns into one. Soft spot points can be reinforced with compression patches if necessary.



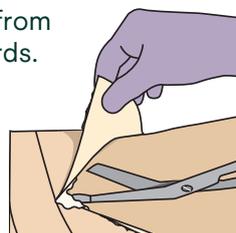
Prevent 'shufflers' from wearing through bandage by cutting and reinforcing the heel with an extra piece of compression layer.



Rub a small handful of alcohol gel over bandage to reduce tackiness.



Dip blunt scissors in alcohol gel or moisturiser to help scissors glide assisting removal. Cut in zig zag from knee downwards.



Application guides and videos on the Solventum website: [solventum.com](https://www.solventum.com)

